



Ramadan Meals

Name: _____

UMID: _____

Please indicate the number of meals you are ordering (1-3): _____

Date: _____

Pick up time during dinner service: _____

Breakfast

Beverages (choose up to 2)

- Regular Tea
- Decaffeinated Tea
- Herbal Tea
- Bottled Water
- Orange Juice
- Apple Juice
- Tomato Juice
- 2% Milk
- Skim Milk
- Chocolate Milk
- Soy Milk

Bread Items (choose 1)

- Plain Bagel
- Wheat Bagel
- English Muffin

Accompaniments

- Butter Pats
- Cream Cheese
- Margarine
- Jam

Cold Cereal (choose 1)

- Honey Bunches of Oats
- Honey Nut Cheerios
- Raisin Bran
- Special K w/ Red Berries

Yogurt (choose 1)

- Plain
- Vanilla
- w/ Fruit
- Blueberry
- Strawberry

Hot Cereal

- Instant Oatmeal w/ Brown Sugar

Fresh Fruit (choose 1)

- Banana
- Orange
- Red Apple
- Granny Smith Apple

Peanut Butter

- Creamy
- Crunchy

Lunch

Beverages (choose up to 2)

- Bottled Water
- Pepsi
- Diet Pepsi
- Slice
- Regular Tea
- Decaffeinated Tea
- Herbal Tea
- 2% Milk
- Skim Milk
- Chocolate Milk
- Soy Milk

Fresh Fruit (choose 1)

- Banana
- Orange
- Red Apple
- Granny Smith Apple

Entrées

(Please select up to two entrée choices)

Salad

- Halal Turkey
- Cheese
- Hard Boiled Egg
- Croutons
- Red Onion
- Cucumber
- Tomatoes
- Carrot

Salad Dressing

- Ranch
- French
- FF Italian

Pizza

- Cheese Pizza

Sandwich

- White
- Wheat
- Rye
- Plain Bagel
- Wheat Bagel
- Halal Turkey
- Halal Beef Salami
- PB&J
- Hard Boiled Eggs
- American Cheese
- Swiss Cheese
- Cream Cheese
- Lettuce
- Tomato
- Catsup
- Mustard
- Mayonnaise

Entrée of the Day

Please choose an entrée from the dining hall you receive meals from
Visit <http://www.housing.umich.edu/dining/>

Write in entrée choice: _____

Side Dish (choose 1)

- Vegetable Sticks
- Potato Chips
- Vegetable of the day

Dessert (choose 1)

- Cookies
- Dessert of the Day

Dinner

Beverages (choose up to 2)

- Bottled Water
- Pepsi
- Diet Pepsi
- Slice
- Regular Tea
- Decaffeinated Tea
- Herbal Tea
- 2% Milk
- Skim Milk
- Chocolate Milk
- Soy Milk

Fresh Fruit (choose 1)

- Banana
- Orange
- Red Apple
- Granny Smith Apple

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- Dessert of the Day

All entrées will be refrigerated. Please re-heat in microwave.