Note: Each of us must ultimately be responsible for what we choose to eat. We occasionally add new items and experience changes in some ingredients. Feel free to ask about the ingredients in any of our menu items.

1000 Island Dressing
100% Whole Grain Wheat Bread
Acorn Squash Bake w/ Almonds
Acorn Squash w/ Peanut Rice
Almond Cookies
Almond Toffee Bars
American Cheese
Amish Chicken Breast
Anasazi Beef & Bean Soup
Apple Bread
Apple Cinnamon Muffins
Apple Cobbler
Apple Cranberry Muffin
Apple Cranberry Pie
Apple Cream Sauce
Apple Crisp
Apple Oatmeal Muffins
Apple Orchard Herbal Tea
Apple Pie
Apple Pecan Muffins
Apple Rhubarb Dried Cherry Crisp
Apple Strudel
Aromatic Shan Style Pork
Asiago Cheese Bagel
Asian Chicken Breast w/ Bean Sauce
Asian Chicken Salad
Asian Chicken w/ Vegetables
Asian Dipping Sauce
Asian Greens
Asian Rice Porridge
Asian Style Burger
Asparagus Spears

Assorted Bagels
Assorted Danishes
Assorted Donuts (all varieties)
Assorted French Rolls
Assorted Fried Cakes
Assorted Herbal Tea Bags
Assorted Mini Scones
Assorted Pepperidge Farm Crackers
Assorted Scones
Assorted Tea Bags
Au Gratin Potatoes
Au Jus Sauce
Avocado Mayonnaise
Bacon Bits
Bacon, Egg & Cheese Biscuit
Baked Acorn Squash w/ Honey
Baked Chicken
Baked Pita Chips
Baked Plantains
Baked Rotini
Baked Spaghetti
Baked Ziti
Baked Ziti w/ Meatballs
Baklava
Banana Bread
Banana Cake
Banana Chocolate Chip Cake
Banana Chocolate Chip Cookies
Banana Cranberry Muffins
Banana Cream Pie
Banana Frosting
Banana Icebox Pudding
Banana Muffins
Banana Nut Bread
Banana Nut Muffins
Banana Sheet Cake
Banana Torte
Barley Pilaf
Basil Garlic Tofu
BBQ Baked Beans
BBQ Beef Ribs
BBQ Beef Sandwich
BBQ Chicken Drumsticks
BBQ Chicken Pizza
BBQ Chicken Quesadillas
BBQ Chicken Sandwich
BBQ Ham & Pineapple Pizza
BBQ Meatloaf
BBQ Pork Chops
BBQ Pork Ribs
BBQ Pork Sandwich
BBQ Potato Chips
BBQ Ribs w/ Chimichurri Sauce
BBQ Roast Beef
BBQ Sauce (all varieties)
BBQ Turkey Drumsticks
Bean & Cheese Burrito
Bean & Lentil Pie
Beef & Broccoli Stir Fry
Beef & Cheddar Sandwich
Beef & Julienne Vegetable Soup
Beef & Mushroom Pizza
Beef & Pea Pods Stir Fry
Beef Barley Soup
Beef Bulgogi
Beef Burgundy
Beef Chili
Bean Enchiladas
Beef Gravy
Beef Gumbo
Beef Mushroom Casserole
Beef Mushroom Gravy
Beef Noodle Casserole
Beef Noodle Soup
Beef Pasty
Beef Pot Pie
Bean Quesadillas
Beef Sate
Beef Stew

Beef Stock
Beef Stroganoff
Beef Taco Pizza
Beef Teriyaki
Beef Traska
Beef Vegetable Soup
Beef Vindaloo
Beef w/ Yu-Xiang Sauce
Better Morning Muffins
Biscuits
Black Bean & Sausage Soup
Black Bean Burger
Black Bean Enchiladas
Black Bean Hummus Wrap
Black Bean Soup
Black Bean Tortilla Casserole
Black Forest Cake
Black Forest Torte
Block M Cookies
BLT Pizza
BLT Sandwich
Blue Cheese, Bacon, & Green Onion Pizza
Blue Cheese Dressing
Blue Cornbread
Blueberry Buttermilk Pancakes
Blueberry Cobbler
Blueberry Crisp
Blueberry Crumb Cake
Blueberry Morning Coffee Cake
Blueberry Muffins
Blueberry Pancakes (all varieties)
Blueberry Pie
Boston Cream Pie
Boxty
Bread Crumbs (all varieties)
Bread Dressing
Bread Pudding
Bread Sticks
Breaded Catfish
Breaded Catfish Strips
Breakfast Burrito w/ Ham
Breakfast Burrito w/ Sausage  Cappuccino Chocolate Chip Muffins
Breakfast Burrito w/ Vegetables  Cappuccino Chocolate Chunk Muffins
Breakfast Pizza w/ Meat  Caramel Cheesecake
Broccoli & Cheese Quiche  Caramel Frosting
Broccoli & Tofu in Peanut Sauce  Caramelized Onion & Chicken Pizza
Broccoli Alfredo Pizza  Carrot Cake w/ Pecans
Broccoli Cheddar Soup  Carrot Torte w/ Pecans
Broccoli Mushroom Linguini w/ Edamame  Cauliflower Au Gratin
Broccoli Potato Casserole  Cheddar Garlic Biscuits
Broccoli Raisin Salad  Cheese Bread
Buffalo Burger  Cheese Enchilada
Buffalo Chicken Calzone  Cheese Grits
Buffalo Chicken Pizza  Cheese Lasagna
Buffalo Chicken Salad  Cheese Omelet
Buffalo Chicken Sandwich  Cheese Pizza
Buffalo Chicken Wings  Cheese Quesadillas
Buffalo Tofu Salad  Cheese Sauce
Buffalo Wings  Cheese Sausage Breakfast Casserole
Buffalo Wrap  Cheese Soufflé
Bulgur Stuffed Peppers  Cheese Strata
Burger Crumble Taco Salad  Cheese Stuffed Jalapenos
Burger Crumble Tacos  Cheese Tortellini
Butter & Egg Dinner Roll  Cheeseburger Pizza
Buttermilk Pancakes  Cheesecake
Butterscotch Brownies  Cheesy Garlic Bread
Butterscotch Chip Cookies  Cherry Cobbler
Butterscotch Oatmeal Cookies  Cherry Crisp
Butter Spritz Cookies  Cherry Pie
Caesar Dressing  Cherry Strudel
Caesar Salad  Cherry Streusel Coffee Cake
Café Mocha Torte  Chicken & Andouille Gumbo
Cajun Chicken Breast  Chicken & Dumplings
Cajun Peanut Rice  Chicken Adobo
Cajun Shrimp & Pepper Pizza  Chicken Arroz con Pollo
Cajun Tofu  Chicken Basil Calzone
Cajun Tofu Pasta  Chicken Breast Dakota
Cambodian Chicken Wrap  Chicken Breast Dianne
Canadian Bacon, Egg & Cheese Biscuit  Chicken Breast Sandwich
Canadian Cheese Soup  Chicken Broccoli Bake
Canned Tuna  Chicken Caesar Salad
Cannoli  Chicken Caesar Wrap
| Chicken Chimichangas                      | Chicken Walnut Stir Fry                       |
| Chicken Chipotle Wrap                    | Chicken Wild Rice Salad w/ Mixed Greens       |
| Chicken Cordon Bleu                      | Chicken w/ Red Pepper Sauce                   |
| Chicken Dakota                           | Chili Relleno Casserole                       |
| Chicken Dianne                           | Chimichurri BBQ Sauce                         |
| Chicken Dried Cherry Walnut Salad        | Chinese Beef Cold Plate                       |
| Chicken Drummies                         | Chinese Fortune Cookies                       |
| Chicken Dumplings                        | Chinese Fruit Cake                            |
| Chicken Fettuccine con Pesto             | Chipotle Mayonnaise                           |
| Chicken Fried Rice                       | Chipotle Pork Roast w/ Caramelized Onions     |
| Chicken Fried Rice w/ Plantains          | Choco-Banana Bowl                             |
| Chicken Gravy                            | Chocolate Bread Pudding                       |
| Chicken Ground Nut Stew                  | Chocolate Brownie Pudding                     |
| Chicken Gyro                             | Chocolate Cake                                |
| Chicken Kabob                            | Chocolate Caramel Cake w/ Walnuts             |
| Chicken Lo Mein                          | Chocolate Chip Bagel                          |
| Chicken Noodle Casserole                 | Chocolate Chip Bars w/ Almonds                |
| Chicken Noodle Soup                      | Chocolate Chip Buttermilk Pancakes            |
| Chicken Nuggets                          | Chocolate Chip Cake                           |
| Chicken Pad Thai w/ Peanuts              | Chocolate Chip Cheesecake                     |
| Chicken Paprikash                        | Chocolate Chip Cookies (all varieties)        |
| Chicken Parmesan                         | Chocolate Chip Pancakes                       |
| Chicken Pasta Primavera                  | Chocolate Chocolate Chip Muffins              |
| Chicken Pasta Salad                      | Chocolate Cookie Cake                         |
| Chicken Patty Parmesan                   | Chocolate Cookie Crumbles                     |
| Chicken Pesto Sandwich                   | Chocolate Cream Pie                           |
| Chicken Piccata                          | Chocolate Cupcakes                            |
| Chicken Pot Pie                          | Chocolate Frosting                            |
| Chicken Quesadillas                      | Chocolate Ganache                             |
| Chicken Rice Soup                        | Chocolate Glaze                               |
| Chicken Salad                            | Chocolate Golden Torte                        |
| Chicken Schnitzel                        | Chocolate Hazelnut Ganache Torte              |
| Chicken Shawarma                         | Chocolate Ivory Torte                         |
| Chicken Stir Fry                         | Chocolate Layer Cake                          |
| Chicken Stock                            | Chocolate Marble Torte                        |
| Chicken Thai w/ Peanuts Pizza            | Chocolate Mousse                              |
| Chicken Tortellini Soup                  | Chocolate Peanut Butter Chip Cookies          |
| Chicken Tortilla Chili                   | Chocolate Peanut Butter Pie                   |
| Chicken Vegetable Pasta                  | Chocolate Peanut Butter Squares               |
| Chicken Vegetable Soup                   | Chocolate Pudding                              |
|                                             | Chocolate Raspberry Mousse                    |
Chocolate Raspberry Torte
Chocolate Sheet Cake
Chocolate Soy Milk
Chocolate Sprinkles
Chocolate Torte
Chocolate White Choc Chip Cookies
Ciabatta Rolls
Cinnamon Coffee Cake
Cinnamon Raisin Bread
Cinnamon Toast
Cinnamon Streusel
Cinnamon Sugar Cookies
Cinnamon Sugar Sweet Potatoes
Cinnamon Swirl Bread
Cinnamon Swirl French Toast
Cinnamon Toast Crunch
Classic Veggie Burger
Club Wheat Bread
Cocktail Sauce
Cocoa Krispies
Cocoa Rice Krispies Treats
Coconut Chews w/ Nuts
Coconut Cream Pie
Colcannon Soup
Cold Roast Beef Sandwich
Collard Greens
Collard Greens w/ Smoked Ham
Colored Frosting
Combos – Nacho Pretzel, Pepperoni Pizza, Salsa varieties
Con Queso Pizza
Coney Island Pizza
Coney Island Sauce
Confetti Bars
Cookie Crumble Cheesecake
Cookie Crumble Pancakes
Cookie Dough
Cool Sesame Cucumber
Corn & Crab Soup
Corn Chowder
Corn Dogs
Corn Fritters
Corn Muffins
Cornbread
Cornbread Apple Dressing
Corned Beef & Swiss Ciabatta Sandwich
Corned Beef & Swiss Sandwich
Corned Beef Hash
Cornflake Chicken
Cottage Fries
Country Milk Gravy
Country Wheat Dinner Rolls
Country White Dinner Rolls
Couscous
Couscous Jambalaya
Couscous w/ Dried Fruit
Cracked Wheat Bread
Cracklin’ Oat Bran
Cranberry Apple Herbal Tea
Cranberry Bagel
Cranberry Chocolate Chip Cookies
Cranberry Nut Muffins
Cranberry Orange Muffins
Cranberry Spinach Wrap
Cream Cheese Stuffed Jalapeno
Cream of Asparagus Soup
Cream of Broccoli Soup
Cream of Cauliflower Soup
Cream of Chicken Soup
Cream of Mushroom Soup
Cream of Potato Soup
Cream of Tomato Soup
Cream Puffs
Cream Style Chicken Enchiladas
Creamy Coleslaw
Creamy Frosting
Creamy Pesto Sauce
Crispy Patty Parmesan
Crispy Patty Sandwich
Criss Cross Fries
Croissants
Croutons
Cucumber & Onion Salad in Vinaigrette
Cucumber & Tomato Salad
Curried Lentils
Custard Filled Paczki
Dal
Decorated Pumpkin Cookies
Deli Italian Bread
Deli Platter
Deli Roast Beef
Deli Rye Bread
Deluxe Cheese Tray w/ Crackers
Devil’s Food Cake
Diamond Cut Cod
Diamond Cut Fish
Dinner Rolls
Domburi Broth
Donuts
Double Chocolate Mocha Brownies
Double Chocolate Oatmeal Dreams
Double Chocolate Torte
Double Crusted Cherry Pie
Drunk Man Noodles
Dutch Apple Pie
Dutch Blueberry Pie
Dutch Cherry Pie
Easy Stuffed Pork Chops
Edamame
Egg & Cheese Bagel
Egg & Cheese Biscuit
Egg & Cheese Croissant
Egg Bagel
Egg Curry
Egg Drop Soup
Egg Strips w/ Green Onions
Eggplant Etouffee
Eggplant Sandwich w/ Feta
Eggs Benedict
Eggs MacMichigan
Eggs MacMichigan w/ Sausage
El Cubano Sandwich
El Greco Pizza

English Muffin French Toast
English Muffins
Espresso Brownies
European Batard Multi Grain Bread
European Beef Goulash Casserole
Everything Bagel
Falafel Sandwich
Farmer’s Omelet
Fat Free Honey Dijon Dressing
Fat Free Ranch Dressing
Fat Free Sesame Dressing
Fattoush Salad
Fiesta Rice
Fish Nuggets
Fish Sandwich
Fish Taco
Flax & Grain Bread
Florentine Dressing
Florentine Meatballs
Florida Style BBQ Beef Sandwich
Flour Tortillas (all varieties)
Fluffy Fruit Salad
Fortune Cookies
French Bread French Toast
French Cheese Cake
French Fries
French Onion Soup
French Hoagie Roll
French Stagecoach Dressing
French Toast Sticks
Fresh Baked Scrod
Fresh Berry Crepes
Fresh Whipped Potatoes
Fried Battered Mushrooms
Fried Battered Onion Rings
Fried Breaded Cauliflower
Fried Clams
Fried Eggs
Fried Perch
Frosted Flakes
Fruit Drop Cookies
Fudge Brownies
Fudge Squares
Garden Burger
Garden Sandwich
Garden Tortellini Pasta Salad
Garlic Bagel
Garlic Bread
Garlic Butter Croutons
Gazpacho
General Tsao’s Chicken
Georgia Reuben
Ginger Steamed Fish
Glazed Baby Carrots
Glazed Sweet Potatoes
Golden Italian Dressing
Golden Lemon Cake
Golden Lemon Frosting
Golden Torte
Graham Crackers
Grandma Shubert’s Meatloaf
Granola w/ Nuts
Grape Nuts
Grecian Pita Folds
Greek Dressing
Greek Lemon Soup
Greek Moussaka Casserole
Greek Pizza
Greek Salad Wrap
Green Bean Casserole
Green Beans w/ Roasted Walnuts
Grilled Cheese
Grilled Cheese on Wheat
Grilled Ham & Cheese
Grilled Herbed Zucchini
Grilled Japanese Vegetables
Grilled Pork Chops
Grilled Portobella w/ Barley
Grilled Reuben
Grilled Tuna Melt
Grilled Turkey Club
Grilled Turkey Sandwich
Grilled Vegetable Pita
Grilled Waffles
Grilled Zucchini & Carrots
Griller
Ground Beef Quesadilla
Guadeloupe Chicken Salad
Halal Baked Chicken Nuggets
Ham & Cheese Omelet
Ham & Pineapple Pizza
Ham, Egg & Cheese Croissant
Hamburger Buns (all varieties)
Harvest Cobbler
Hash Browns
Hawaiian Chicken
Hearty Beef Soup
Hearty Vegetable Chowder
Herb Baked Chicken
Herbed Oyster Crackers
Herbed Potato Pizza
Hoagie Rolls
Hoisin Chicken
Hoisin Sauce
Home Fries
Homemade Refried Beans
Homemade Tortilla Chips
Honey BBQ Chicken Wings
Honey Bran Muffins
Honey Dijon Sauce
Honey Glazed Sweet Potatoes
Honey Oatmeal Cookies
Honey Wheat Bagel
Horseradish Sauce
Hot & Sour Soup
Hot & Spicy Stir Fry
Hot & Spicy Stir Fry Sauce
Hot Bacon Dressing
Hot Chocolate Mix/Powder
Hot Dog Buns (all varieties)
Hummus Tabbouleh Wrap
Hummus Veggie Wrap
Hunan Beef
Hungarian Goulash
Hush Puppies
Ice Cream Cones
Ice Cream Novelties
Ice Cream Sundae Bar
Iced Apple Slices
Iced Orange Cookies
Imitation Bacon Bits
Irish Chicken Stew
Irish Lamb Stew
Irish Vegetable Stew
Iron Mountain Beef Pasty
Island Torte
Italian Beef Minestrone
Italian Beef Steak Sandwich
Italian Calzone
Italian Herb Dressing
Italian Meatball Sandwich
Italian Meatloaf
Italian Meatloaf Sandwich
Italian Quiche
Italian Style Chicken Soup
Italian Sub
Italian Turkey Sub
Italian Twist Bread
Ivory Torte
Jalapeno Cheese Bagel
Japanese Burger Crumbles
Jerk Chicken
Jerk Tofu
Jerk Tofu w/ Vegetables
Joyua’s Chumbo Chili Jumbo Hot Dog
KC’s Sunshine Pasta
Key Lime Cheesecake
Key Lime Squares
Khichri Indian Rice
Knot Rolls
Korean Bi Bim Bop
Korean Tofu BBQ
Korean Vegetable Pancakes
Koshari

Kung Pao Chicken w/ Peanuts
Kyoto Blend
Lamb Shawarma
Lasagna Florentine
Lasagna Rollups w/ Meat Sauce
Lava Cake
Le Fleur House Dressing
Lemon Baked Cod
Lemon Baked Tofu
Lemon Carrot Bisque
Lemon Cheesecake
Lemon Cookies
Lemon Cream Cake
Lemon Lift Herbal Tea
Lemon Meringue Pie
Lemon Pepper Chicken
Lemon Poppyseed Muffins
Lemon Torte
Lemonade Cake
Lentil Soup
Lentil Stew
Leprechaun Cake
Linguini Bandiera
Linguini Stroganoff
Lite Italian Dressing
London Broil
Loose Burger Sandwich
Low Fat Blueberry Muffins
Low Fat Cherry Muffin
Low Fat Peachy Lean
Low Fat Spinach Dip
Lyonnaise Potatoes
M & M Cookies (all varieties)
M & M Rice Krispies Treats
Macaroni & Cheese
Macaroni & Three Cheeses
Macaroni Tuna Salad
Maize & Blue Cookies
Maize & Blue Rice Krispies Treats
Mandarin Greens Salad
Mandarin Spinach Salad
<table>
<thead>
<tr>
<th>Maple Bagel</th>
<th>Mohawk Inn Chowder</th>
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<tbody>
<tr>
<td>Maple Marinade</td>
<td>Molasses Cookies</td>
</tr>
<tr>
<td>Maple Peach Upside Down Cake</td>
<td>Mole Sauce w/ Almonds</td>
</tr>
<tr>
<td>Maple Pumpkin Cheesecake</td>
<td>Mongolian Beef w/ Fried Noodles</td>
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<tr>
<td>Maple Pumpkin Cheesecake Bars</td>
<td>Moo Shoo Chicken</td>
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<tr>
<td>Maple Soy Salmon</td>
<td>Moo Shoo Shrimp</td>
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<tr>
<td>Maple Soy Salmon Fillet</td>
<td>Moqueca de Peixe</td>
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<tr>
<td>Marble Cake</td>
<td>Mostaccioli</td>
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<tr>
<td>Marble Cheesecake</td>
<td>Mozzarella Cheese Sticks</td>
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<tr>
<td>Marble Torte</td>
<td>Multigrain Hamburger Buns</td>
</tr>
<tr>
<td>Margarine (all varieties)</td>
<td>Multigrain Hoagie Roll</td>
</tr>
<tr>
<td>Marinara Sauce (canned version, not homemade, ask server)</td>
<td>Mushroom &amp; Brie Bisque</td>
</tr>
<tr>
<td>Marshmallow Glazed Sweet Potatoes</td>
<td>Mushroom &amp; Potato Casserole</td>
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<tr>
<td>Mashed Sweet Potatoes</td>
<td>Mushroom a la King</td>
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<tr>
<td>Matzo Casserole</td>
<td>Mushroom Barley Soup</td>
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<tr>
<td>Mayonnaise</td>
<td>Mexican Corn Mexicali Soup</td>
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<tr>
<td>Meat Lasagna</td>
<td>Nacho Cheese Sauce</td>
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<tr>
<td>Meat Sauce</td>
<td>Nacho Corn Mexicali Soup</td>
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<tr>
<td>Meatballs (all varieties)</td>
<td>Nacho Pretzel Combos</td>
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<tr>
<td>Mediterranean Lavash</td>
<td>Navy Bean Soup</td>
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<tr>
<td>Merk’s Coffee Cake</td>
<td>New England Clam Chowder</td>
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<tr>
<td>Mexican Chocolate Streusel Cake</td>
<td>Non-Dairy Creamer</td>
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<tr>
<td>Mexican Mac &amp; Cheese Casserole</td>
<td>Oat Bran Raisin Muffins</td>
</tr>
<tr>
<td>Mexican Rice</td>
<td>Oatmeal Blueberry Muffin</td>
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<tr>
<td>Mexican Tomato Lime Soup</td>
<td>Oatmeal Raisin Cookies</td>
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<tr>
<td>Mexican Wedding Cookies w/ Nuts</td>
<td>O’Brien Potatoes</td>
</tr>
<tr>
<td>Michigan Bean Soup</td>
<td>Onion Bagel</td>
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<tr>
<td>Michigan Fruit Crisp</td>
<td>Onion Buns</td>
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<tr>
<td>Midori Blend</td>
<td>Onion Dip</td>
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<tr>
<td>Mini Shrimp Egg Rolls</td>
<td>Open Face Turkey Melt</td>
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<tr>
<td>Minnesota Wild Rice Soup</td>
<td>Orange Blossom Muffins</td>
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<tr>
<td>Mint Brownies</td>
<td>Orange Chocolate Chip Cookies</td>
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<tr>
<td>Mint Chocolate Chip Ice Cream</td>
<td>Orange Cookies</td>
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<tr>
<td>Miso Broth</td>
<td>Orange Icing</td>
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<td>Mississippi Mud Brownies</td>
<td>Orange Rice</td>
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<tr>
<td>Mississippi Mud Cake</td>
<td>Onion Rings</td>
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<tr>
<td>Mocha Cheesecake</td>
<td>Orange Spice Herbal Tea</td>
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<tr>
<td>Mocha Frosting</td>
<td>Oreo Cookies</td>
</tr>
<tr>
<td>Mocha Pecan Pie</td>
<td>Oriental Chicken Soup</td>
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<tr>
<td>Mocha Truffle Cookies</td>
<td>Oriental Vegetable Soup</td>
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</tbody>
</table>
Original Soy Milk
Oven Browned Potatoes
Oyster Crackers
Pacific Rim Pasta Salad
Paczki
Pad Thai Noodles w/ Peanuts
Pan Coating Spray
Pancakes
Parmesan & Green Onion Potatoes
Parmesan Crusted Fish
Parmesan Potato Soup
Parmesan Shrimp
Pasta Puttanesca
Pasta Toss w/ Tofu
Pasta w/ Burger Crumbles
Pastrami & Swiss on Ciabatta
Peach Cobbler
Peach Cobbler Pie
Peach Crisp
Peach Melba Cake
Peach Pie
Peach Strudel
Peanut Butter (all varieties)
Peanut Butter Chip Cookies
Peanut Butter Cookies
Peanut Butter Cup Cookies
Peanut Butter Puppy Chow
Peanut Sauce
Pecan Pie
Pecan Rolls
Penne & Three Cheese
Pennsylvania Dutch Chicken Soup
Pepper Pot Soup
Pepper Steak
Pepperoni Pizza Combos
Personal Cheese Lasagna
Personal Chicken Broccoli Bake
Personal Chicken Dianne
Personal Chicken Enchiladas
Personal Eggplant Parmesan Casserole
Personal European Beef Goulash Casserole
Personal Fresh Whipped Potatoes
Personal Greek Moussaka Casserole
Personal Lasagna Roll Casserole
Personal Meat Lasagna
Personal Mexican Mac & Cheese Casserole
Personal Mushroom & Potato Casserole
Personal Picadillo Casserole
Personal Pinata Casserole
Personal Portabella & Potato Casserole
Personal Potato & Chicken Casserole
Personal Rio Grande Casserole
Personal Spinach & Mushroom Enchiladas
Personal Tuna Noodle Casserole
Personal Turkey Fresca
Personal Tri Color Noodles
Personal Tri Color Noodles w/ Meat
Personal Vegan Stuffed Shells
Pesto Mayonnaise Dressing
Philippe Maison Dressing
Philly Apple Cream Pie
Philly Cheese Steak
Picadillo Casserole
Pie Shells
Pinata Casserole
Pineapple Upside Down Cake
Pinto Bean Dip
Pita Folds
Pizza (all varieties)
Pizza Dough (all varieties)
Plain Bagel
Platinum Blondies
Poached Chicken w/ Vegetable Panache
Poor Boy Sandwich
Popcorn Shrimp
Poppy Bagel
Poppy Seed Dressing
Pork & Chicken Jambalaya
Pork Dakota
Pork Dumplings
Pork Fried Rice
Pork Gravy
Pork Roast
Pork Steamed Rice Pearls
Pork Villahermosa Wrap
Portabella & Potato Casserole
Portobella Mushroom Sandwich
Pot Roast w/ Savory Gravy
Potato & Chicken Casserole
Potato Cheese Pierogies
Potato Crusted Whitefish
Potato Curry
Potato Leek Soup
Potato Pancakes
Pound Cake
Pozole
Prairie Harvest Nut Muffins
Pretzel Rods
Pretzel Twists
Pub Style Fish
Pumpernickel Bread
Pumpkin Bread
Pumpkin Nut Muffins
Pumpkin Pie
Quiche Florentine
Quiche Lorraine
Quick Coffee Cake w/ Nuts
Quinoa Casserole
Rainbow Sprinkles
Raisin Bagel
Raisin Bran Muffins
Ranch Dip
Ranch Dressing
Raspberry Cake
Raspberry Cream Pie
Raspberry Filled Paczki
Raspberry Swirl Cheesecake
Raspberry Truffle Brownies
Raspberry Vinaigrette
Red Cooked Pork
Red Pepper & Fennell Soup
Remoulade Sauce
Reuben Sandwich
Rib Sandwich
Rice Krispies Candy Treats
Rice Krispies Cookies
Rice Krispies Mix Treats
Rice Krispies Treats
Rice Noodles w/ Tofu & Vegetable
Rice Pilaf
Rice w/ Black Bean Salsa
Rio Grande Casserole
Rio Grande Casserole w/ Burger Crumbles
Rio Grande Salad
Ritz Crackers
Roasted Tempeh
Roast Beef & Cheddar Sandwich
Roast Beef Au Jus
Roast Beef Submarine Sandwich
Roast Seitan w/ Stewed Vegetables
Ruby Lentil Soup
Russian Beef Salad
Russian Dressing
Russian Tofu Salad
Salad Dressing (Hellman’s)
Salmon Caesar Salad
Salmon Cakes
Salmon Chowder
Salmon Patties
Salsa Combos
Salt Bagel
Saltines
Salty Snack Mix w/ Nuts
Sander’s Hot Fudge Sauce
San Francisco Sour Dough Bread
Satay Style Peanut Chicken
Sauerbraten
Sausage, Egg & Cheese Biscuit
Sausage Patties
Sautéed Mushrooms
Sautéed Sugar Snap Peas
Savory Baked Tofu
Savory Coleslaw w/ Apples
Savory Rice
<table>
<thead>
<tr>
<th>Scalloped Corn</th>
<th>S'Mores Bars</th>
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<tbody>
<tr>
<td>Scalloped Potatoes</td>
<td>Snicker Brownies w/ Peanuts</td>
</tr>
<tr>
<td>Scalloped Potatoes &amp; Ham</td>
<td>Snickerdoodles</td>
</tr>
<tr>
<td>Scrambled Eggs</td>
<td>Sole Almondine</td>
</tr>
<tr>
<td>Scrambled Egg Whites</td>
<td>Sopapilla</td>
</tr>
<tr>
<td>Scrambled Tofu</td>
<td>Sour Cream Coffee Cake w/ Nuts</td>
</tr>
<tr>
<td>Seafood Newburg</td>
<td>Sour Dough Bread</td>
</tr>
<tr>
<td>Seafood Primavera</td>
<td>Southern Fried Okra</td>
</tr>
<tr>
<td>Seafood Roll</td>
<td>Southern Pecan Pie</td>
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<tr>
<td>Seasoned Cookies</td>
<td>Southwest Chicken Chili</td>
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<tr>
<td>Seasoned Croutons</td>
<td>Southwest Chicken Pie</td>
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<tr>
<td>Seasoned Curly Fries</td>
<td>Southwest Corn Cakes</td>
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<tr>
<td>Seasoned Redskin Potatoes</td>
<td>Southwest Potato Salad</td>
</tr>
<tr>
<td>Sesame Bagel</td>
<td>Southwest Rice</td>
</tr>
<tr>
<td>Sesame Bowtie Pasta Salad</td>
<td>Southwestern Bean Soup</td>
</tr>
<tr>
<td>Sesame Breadsticks</td>
<td>South American Rice</td>
</tr>
<tr>
<td>Sesame Chicken Breast</td>
<td>Soy Cheese (all varieties)</td>
</tr>
<tr>
<td>Sesame Green Beans</td>
<td>Soy Milk (all varieties)</td>
</tr>
<tr>
<td>Sesame Seed Buns</td>
<td>Soy Roasted Tofu in Peanut Sauce</td>
</tr>
<tr>
<td>Shamrock Torte</td>
<td>Soy Sauce</td>
</tr>
<tr>
<td>Shells &amp; Three Cheese</td>
<td>Spaghettios</td>
</tr>
<tr>
<td>Shepherd’s Pie</td>
<td>Spanish Chicken w/ Rice</td>
</tr>
<tr>
<td>Shoestring Fries</td>
<td>Spatzel</td>
</tr>
<tr>
<td>Shortcake Biscuits</td>
<td>Spicy Black Bean Burger</td>
</tr>
<tr>
<td>Shrimp &amp; Andouille Gumbo</td>
<td>Spicy Broccoli Pasta Salad</td>
</tr>
<tr>
<td>Shrimp &amp; Pork Stir Fry</td>
<td>Spicy Chicken</td>
</tr>
<tr>
<td>Shrimp &amp; Vegetable Teriyaki</td>
<td>Spicy Chicken Pasta</td>
</tr>
<tr>
<td>Shrimp Creole</td>
<td>Spicy Pork Quesadillas</td>
</tr>
<tr>
<td>Shrimp Egg Rolls</td>
<td>Spicy Soy Garlic Sauce</td>
</tr>
<tr>
<td>Shrimp Fried Rice</td>
<td>Spinach &amp; Mushroom Enchilada</td>
</tr>
<tr>
<td>Shrimp Linguini Bandiera</td>
<td>Spinach Artichoke Dip</td>
</tr>
<tr>
<td>Shrimp Parmesan</td>
<td>Spinach Dip</td>
</tr>
<tr>
<td>Singapore Noodles</td>
<td>Spinach Feta Bagel</td>
</tr>
<tr>
<td>Singapore Noodles w/ Pork</td>
<td>Spinach Feta Quesadilla</td>
</tr>
<tr>
<td>Slider</td>
<td>Spinach Manicotti</td>
</tr>
<tr>
<td>Slider w/ Cheese</td>
<td>Spinach Palak</td>
</tr>
<tr>
<td>Sloppy Joes</td>
<td>Spinach Potato Feta Omelet</td>
</tr>
<tr>
<td>Smart Dogs</td>
<td>Spinach, Shitake &amp; Tofu Soup</td>
</tr>
<tr>
<td>Smart Start</td>
<td>Spinach Soufflé</td>
</tr>
<tr>
<td>Smoked Salmon Chowder</td>
<td>Split Pea Soup</td>
</tr>
<tr>
<td>S’Mores</td>
<td>Split Pea Soup w/ Ham Soup</td>
</tr>
</tbody>
</table>
Split Top Wheat Bread  
Split Top White Bread  
Sponge Cake  
Spumoni Ice Cream  
Stagecoach French Dressing  
Steak & Vegetable Stir Fry  
Steak Caesar Salad  
Steak Fries  
Stewed Black Eyed Peas  
Stir Fried Cabbage  
Strawberry Bavarian Torte  
Strawberry Bread  
Strawberry Cheesecake  
Strawberry Cream Pie  
Strawberry Crepes  
Strawberry Layer Cake  
Strawberry Mousse  
Strawberry Pancakes  
Strawberry Pie  
Strawberry Torte  
Streusel Muffins  
Stove Top Stuffing  
Stuffed Cabbage w/ Burger Crumbles  
Stuffed Tenderloin  
Succotash  
Sugar Cookies  
Sunflower Seed Bread  
Sunny Grain Bagel  
Swedish Meatballs  
Sweet & Sour Chicken  
Sweet & Sour Pork  
Sweet & Sour Sauce  
Sweet & Spicy Tofu  
Sweet Dinner Rolls  
Sweet Potato Fries  
Sweet Potato Pie  
Sweet Potato Salad  
Sweet Potatoes  
Sweet Snack Mix w/ Nuts  
Swiss Cheese Quiche  
Swiss Steak  
Szechwan Eggplant & Vegetables  
Szechwan Sole  
Taco Burger Crumbles  
Taco Shells  
Tamari Sauce  
Tangy Citrus Noodles  
Tartar Sauce  
Tator Tots  
Tempeh Stir Fry  
Teriyaki Chicken Breast  
Teriyaki Chicken Wings  
Teriyaki Chicken w/ Vegetables  
Teriyaki Sauce  
Texas Caesar Salad  
Texas French Toast  
Texas Sheet Cake  
Texas Style Beef  
Tex Mex Chili  
Thai Chicken Pizza w/ Peanuts  
Thai Hot & Sour Stir Fry w/ Peanuts  
Thai Peanut Pasta Salad  
Thai Peanut Pork w/ Rice  
Thai Sesame Noodles w/ Peanuts  
Thai Style Fried Rice  
Thai Tofu Curry  
Thai Vegetable Pizza  
Thai Vegetable Pizza w/ Peanuts  
Thousand Island Dressing  
Thumbprint Cookies w/ Nuts  
Tiramisu Torte  
Toffee Chocolate Chip Cookies  
Tofu  
Tofu Panang  
Tofu Stir Fry  
Tofu Triangles w/ Brown Rice  
Tofu Vegetable Pasta  
Tofu Vegetable Rice w/ Peanuts  
Tofu w/ Hoisin Sauce  
Toll House Cookies  
Toll House Cookie Bars  
Tomato Florentine Soup
Tomato Herb Bagels
Tomato Pizza Sauce
Tomato Rice Soup
Tomato Tofu Spinach Sauté
Tortilla Chips (all varieties)
Tortilla Crusted Tilapia
Tri Color Noodles Casserole
Tri Color Noodles w/ Meat
Tri Color Tortilla Chips
Triple Chocolate Cheesecake
Triple Chocolate & Vanilla Cheesecake
Tritators
Tuna
Tuna Nicoise
Tuna Noodle Casserole
Tuna Salad
Tuna Salad Stuffed Tomato
Tunisian Greens w/ Peanuts
Turkey a la King
Turkey & Muenster Bagel
Turkey & Swiss Sandwich
Turkey & Swiss on Rye
Turkey Bacon Club
Turkey Burgers
Turkey Chili
Turkey Chipotle Wrap
Turkey Club Wrap
Turkey Cranberry Wrap
Turkey Divan
Turkey Fresca
Turkey Gravy
Turkey Grinder
Turkey Noodle Soup
Turkey Pot Pie
Turkey Stew
Turkey Tenderloin
Turkey Tenderloin Dakota
Turkey Tenderloin w/ Herb Butter
Turkey Tetrazzini
Turkey Vegetable Wrap
Turkey Wrap

Turkey White Bean Chili
Turkey w/ Pasta & Red Peppers
Turkey w/ Thyme Butter
Twice Baked Potatoes
Vanilla Cinnamon Bagel
Vanilla Cream Chocolate Cups
Vanilla Icing
Vanilla Mousse
Vanilla Soy Milk
Vanilla Pudding
Veal Parmesan
Vegan Banana Muffin
Vegan Banana Raisin Muffin
Vegan Burger
Vegan Burrito
Vegan Calzone
Vegan Chili
Vegan Chili Cornbread Pie
Vegan Fried Rice
Vegan Granola
Vegan Grilled Cheese
Vegan Manicotti
Vegan Oatmeal Raisin Cookies
Vegan Pancakes
Vegan Pizza
Vegan Pizza w/ Vegetables
Vegan Pot Pie
Vegan Ravioli
Vegan Shepherd’s Pie
Vegan Stuffed Shells
Vegan Subs by the Inch
Vegan Sugar Cookie
Vegan Tex Mex Chili
Vegan Tomato Soup
Vegan Tortellini
Vegetable Cannelloni
Vegetable Creole
Vegetable Curry
Vegetable Dumplings
Vegetable Egg Rolls
Vegetable Fried Rice
Vegetable Gratin
Vegetable Jambalaya
Vegetable Kabob
Vegetable Kabob w/ Tofu
Vegetable Lo Mein
Vegetable Paella
Vegetable Macaroni & Cheese
Vegetable Noodle Soup
Vegetable Omelet
Vegetable Pasty
Vegetable Pot Pie
Vegetable Quesadillas
Vegetable Quiche
Vegetable Rice Soup
Vegetable Soup
Vegetable Stew w/ Tofu
Vegetable Stir Fry w/ Tofu
Vegetable Stock
Vegetable Tofu Lo Mein
Vegetarian Bagel Deluxe
Vegetarian Baked Spaghetti
Vegetarian Borscht
Vegetarian Breakfast Pizza
Vegetarian Calzone
Vegetarian "Chicken" Gravy
Vegetarian Cobb Salad
Vegetarian Eggs MacMichigan
Vegetarian Empanadas
Vegetarian Gravy
Vegetarian Gumbo
Vegetarian Mexican Pizza
Vegetarian Minestrone
Vegetarian Mostaccioli
Vegetarian Mushroom Sauce
Vegetarian Refried Black Beans
Vegetarian Submarine Sandwich
Veggie Burger
Vegimax Cheese “Steak”
Venison Stew
Vietnamese Chili Sauce
Waldorf Salad w/ Walnuts

Walnut Bars
Walnut Layer Cake
Walnut Torte
Western Omelet
Wheat Lavash
Wheat Parker House Rolls
Wheat Tortillas
White Cake
Whipped Margarine
Whipped Potatoes
Whipped Topping
White Balsamic Vinegar Dressing
White Bread
White Chocolate Chip Cookies
White Chocolate Macadamia Nut Cookies
White Lavash
White Parker House Rolls
Whole Wheat Flax French Toast
Whole Wheat Hamburger Buns
Whole Wheat Oat Bread
Whole Wheat w/ Oats French Toast
Wide Egg Noodles
Wild Mushroom Rice
Wild Mushroom Sauce
Wild Rice Blend
Wild Rice Pancakes
Wisconsin Reuben
Western Omelet
Wolverine Dressing
Wolverine Sauce
Wonton Chicken Soup
Yankee Pot Roast
Yellow Cake
Yellow Cupcakes
Yellow Rice
Yellow Sheet Cake
Zucchini Parmesan